What you’ll need:

- Plastic cups
- Table or solid surface

Purpose of Activity:

To illustrate the challenges of juggling priorities and the effect emergencies have on a budget.

Activity Instructions:

**Part one:**
Clap hands twice
Tap cup three times with first two fingers

**Part Two:**
Clap hands once
Pick cup up with right hand and move it over to the right

**Part Three:**
Clap hands once
Scoop cup with right hand upside down
Hit top of cup into left hand
Slam cup bottom on table
Turn cup so that the bottom fits into left hand
Slam right hand down on table
Cross left hand over right arm and set the cup down to the right
Activity Instructions (con’t):

Demonstrate the entire pattern for your group. Then teach one section at a time, allowing students to practice before learning the next section.

Once the group has learned it, gather them together around a table and begin to “dance” the cups from person to person. As participants “dance” the cups, lead them by repeating the rhythm out loud. Start slowly, gradually increasing the speed of the rhythm.

Debrief Questions:

Was this a new skill for you?

How did you feel while learning this new skill?

What else did you notice about the activity?

How did you feel once you successfully learned the skill?

How did adding/removing the cups change what you did?

What could we have done to prepare you for the additional cups?

How does this activity relate to managing money?